

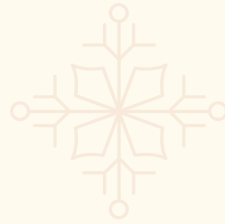
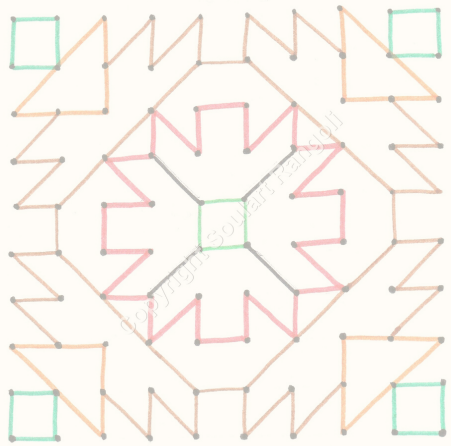
Soulart Rangoli Activity Worksheet

10X10 Dot Patterns



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Rangoli is an ancient Indian art form of creating designs with various repetitive patterns. It is a type of Line & Dot Exercise useful for the brain just like solving puzzles. Such exercises are known to evoke creativity, lower stress, and anxiety, and helps build focus and concentration. You can print this sheet back to back and try it out.

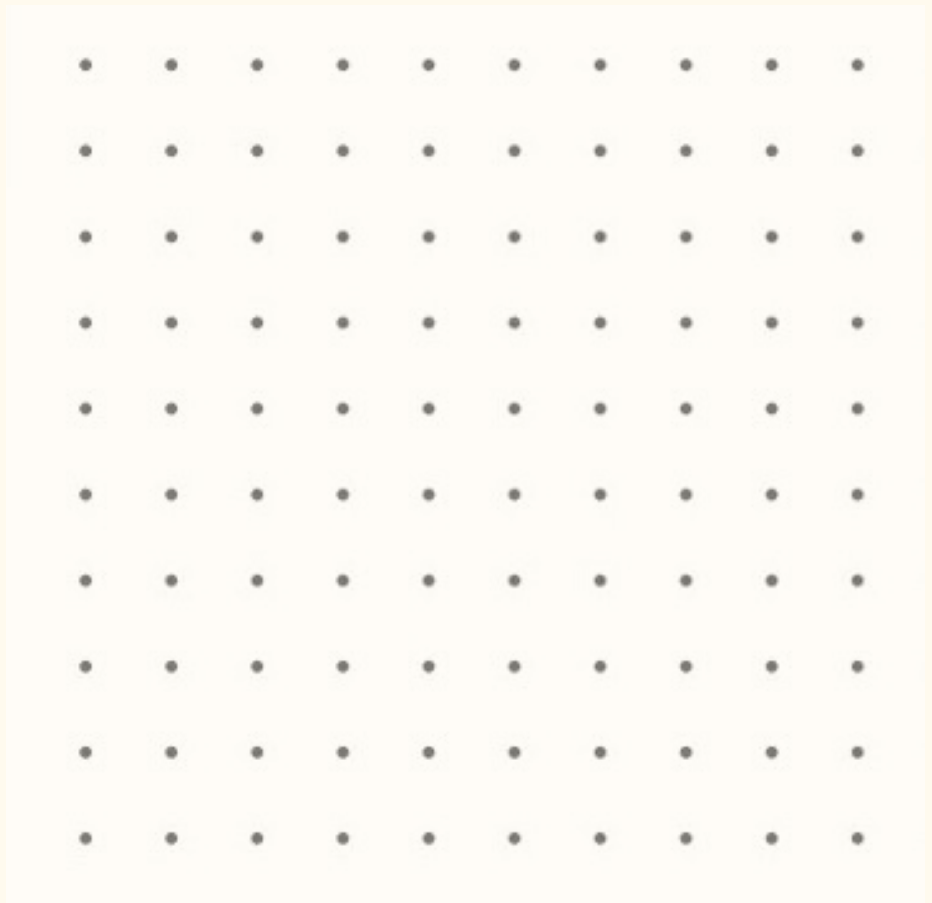
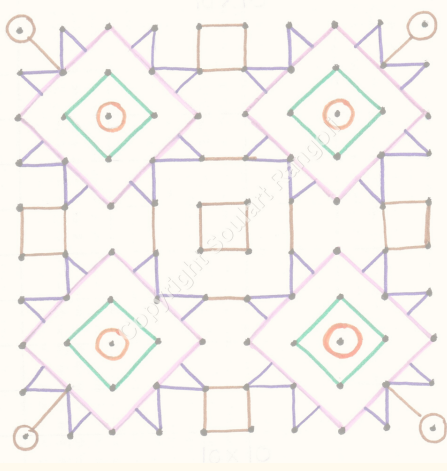


Name _____

Date _____



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Hope you have enjoyed the exercise!
Please visit our website for more on Rangoli activities and products.
www.soulartonlinegallery.com

Name _____

Date _____